



Mon	Tue	Wed	Thu	Fri	Sat	Sun
	9:00-10:30 a.m. Tae Kwon Do (all belts) Mr. Kuffler Black, brown & red stay 10:00 - 10:30 a.m.	9:00-10:00 a.m. Tai Chi Chuan Master John DeCapp	9:00-10:30 a.m. Tae Kwon Do (all belts) Mr. Kuffler Black, brown & red stay 10:00 - 10:30 a.m.		9:00-10:00 a.m. Tae Kwon Do Mr.Younggren	
10:30 -11:30 a.m. Tae Kwon Do Grandmaster Spellious		10:30 -11:30 a.m. Tae Kwon Do Grandmaster Spellious	10:00-11:00 am. Tai Chi Chuan Master John DeCapp	10:30 -11:30 a.m. Tae Kwon Do Grandmaster Spellious	10:00 - 11:00 a.m Grandmaster Spellious Black, brown & red	10:00 - 11:00 a.m. TaeKarDio David
Here is new classes or changed to classes.					11:00 - 11:50 a.m. Little tigers Mrs. Miller-Johnson (4-7 yr old)	11:30 -12:30 p.m. Tae Kwon Do Mr. O'Leary & Mr. Adamson Open class
4:00 -5:00 p.m. Tae Kwon Do Grandmaster Spellious	4:00 - 4:50 p.m. Little tigers Grandmaster (4-7 yr old)	4:00 -5:00 p.m. Tae Kwon Do Mr.Brimeyer Mr. Lamberson	4:00 - 4:50 p.m. Little tigers Grandmaster (4-7 yr old)	1:00 -2:45 p.m. Tae Kwon Do QC Montessori Grandmaster	Starting Feb. 6th 2023	
5:00 - 5:50 p.m. Little tigers Grandmaster (4-7 yr old)	5:00-6:00 Tae Kwon Do (all belts) Grandmaster Spellious	5:00 - 5:50 p.m. Little tigers Grandmaster (4-7 yr old)	5:00-6:00 Tae Kwon Do (all belts) Grandmaster Spellious	4:00-5:00 p.m. Tae Kwon Do All belts. Mr. Lamberson		
6:00 - 7:00 p.m. Tae Kwon Do Mr.Domski		Tae Kwon Do Mr. Frey 6:00 - 7:00 p.m.	6:00-7:00 pm. Tai Chi Chuan Master John DeCapp	5:00-6:00 Tae Kwon Do Grandmaster Spellious Black, brown & red		
6:00 - 7:00 p.m. TaeKarDio Grandmaster Duane	6:00 - 7:00 p.m. Grandmaster Spellious Black, brown & red	6:00 - 7:00 p.m. TaeKarDio Grandmaster Duane	6:00 - 7:00 p.m. Grandmaster Spellious Black, brown & red		<div style="border: 1px solid black; padding: 10px;">Tae Kwon Do Little tigers (4-7yr) Tae KarDio Sparring classes Open classes Weapons Tai Chi Chuan John DeCapp 309-797-3847 Grandmaster Spellious 309-292-4444</div>	
7:00 - 8:00 p.m. Tae Kwon Do Sparring technique Mr. O'Leary	7:00-8:00 p.m. Tae Kwon Do (all belts) Mr. Lund	7:00-8:00 pm Open Tae Kwon Do Weapons Grandmaster Spellious	7:00-8:00 p.m. Tae Kwon Do (all belts) Mr. Christian			
	7:00-8:00 pm. Tai Chi Chuan Master John DeCapp		7:00 - 8:00 p.m. Tae Kwon Do Sparring technique Mr. O'Leary			